

Supplemental Online Content

Stevans JM, Delitto A, Khoja SS, et al. Risk Factors Associated With Transition From Acute to Chronic Low Back Pain in US Patients Seeking Primary Care. *JAMA Netw Open*. 2021;4(2):e2037371. doi:10.1001/jamanetworkopen.2020.37371

eFigure 1. Start Back Screening Tool

eFigure 2. Algorithm to Classify Guideline Nonconcordant Care for Pharmacologic Therapies

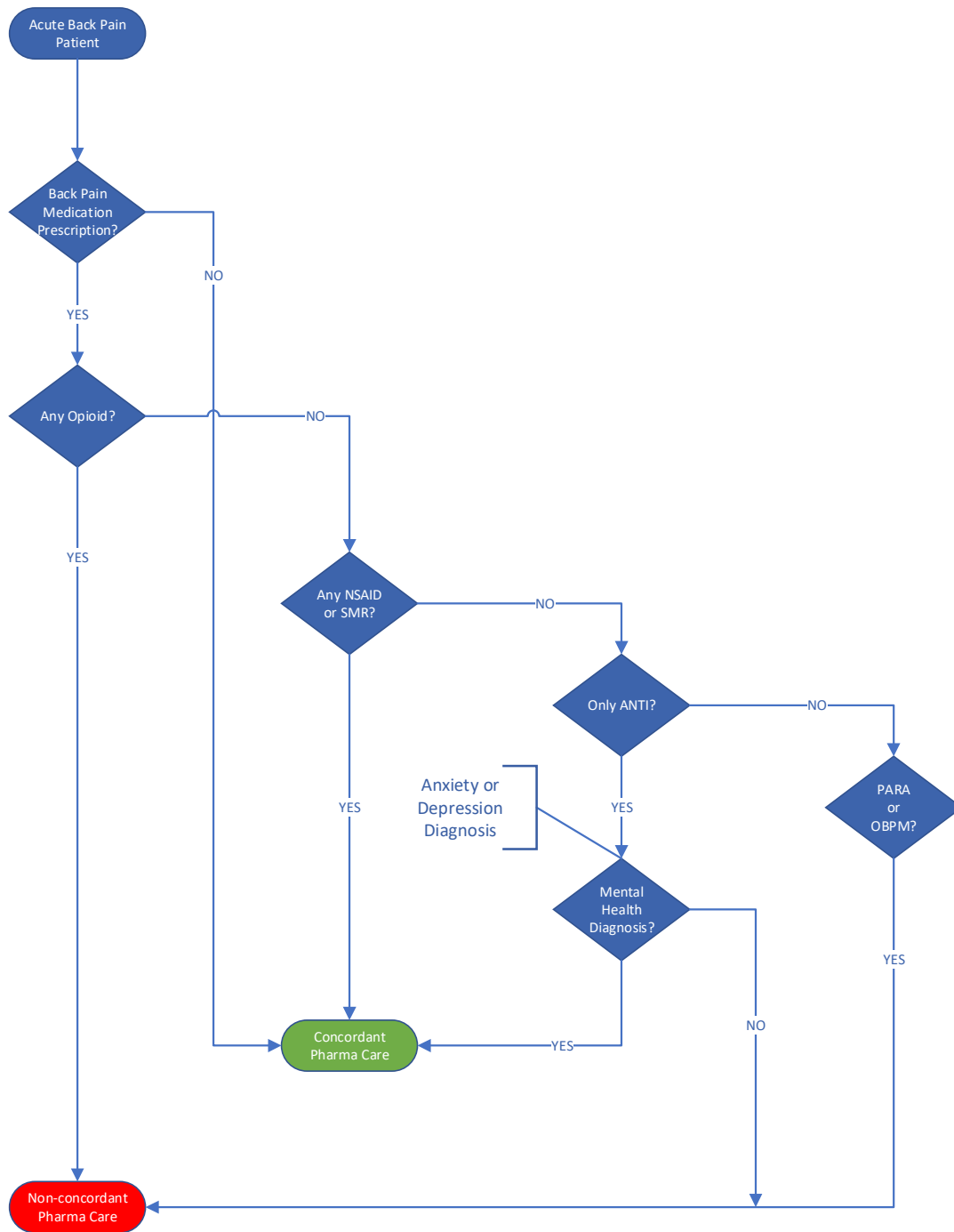
This supplemental material has been provided by the authors to give readers additional information about their work.

eFigure 1. Start Back Screening Tool

Thinking about the last 2 weeks , check your response to the following questions:				
		Disagree 0	Agree 1	
1.	My back pain has spread down my leg(s) at some time in the last 2 weeks	<input type="checkbox"/>	<input type="checkbox"/>	
2.	I have had pain in the shoulder or neck at some time in the last 2 weeks	<input type="checkbox"/>	<input type="checkbox"/>	
3.	I have only walked short distances because of my back pain	<input type="checkbox"/>	<input type="checkbox"/>	
4.	In the last 2 weeks, I have dressed more slowly than usual because of my back pain	<input type="checkbox"/>	<input type="checkbox"/>	
5.	It's not really safe for a person with a condition like mine to be physically active	<input type="checkbox"/>	<input type="checkbox"/>	
6.	Worrying thoughts have been going through my mind a lot of the time	<input type="checkbox"/>	<input type="checkbox"/>	
7.	I feel that my back pain is terrible and it's never going to get any better	<input type="checkbox"/>	<input type="checkbox"/>	
8.	In general I have not enjoyed all the things I used to enjoy	<input type="checkbox"/>	<input type="checkbox"/>	
9.	Overall, how bothersome has your back pain been in the last 2 weeks ?			
	Not at all	Slightly	Moderately	Very much
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	0	0	0	1
Total Score (all 9):		Sub Score (Q5–9):		
<p>Scoring System: Low Risk: Total Score = 3 or less Medium Risk: Total Score = 4 or more + Sub Score Q5–9 = 3 or less High Risk: Total Score = 4 or more + Sub Score Q5–9 = 4 or more</p>				

Validated prognostic tool used to screen primary care patients with acute low back pain to determine their risk of poor outcomes.
 Adapted from Keele University: <https://startback.hfac.keele.ac.uk/>

eFigure 2. Algorithm to Classify Guideline Nonconcordant Care for Pharmacologic Therapies



NSAID = Nonsteroidal Antiinflammatory Drugs
 SMR = Skeletal Muscle Relaxants
 ANTI = Antidepressants
 OBPM = Systemic Corticosteroids or Benzodiazepines
 PARA = Paracetamol/Acetaminophen